TRAJECTORY OF **PALLIATIVE AND END-OF-LIFE** CAREGIVERS

WHO ARE THEY?

FACTORS INFLEUNCING THE TRAJECTORY

- Type of illness or incapacity of the person receiving care
- Age
- Gender
- Socioeconomic status
- Spirituality and religious beliefs
- Caregiver health
- Minority group affiliation
- Connections with the care recipient and the broader circle
- Care recipient wishes and caregiver capacity
- Service organization and access
- Geographic location
- Care settings

ENTRY INTO CAREGIVING

DIAGNOSIS AND PROGNOSIS

ADVANCE CARE PLANNING

ADVANCE REQUESTS FOR MEDICAL ASSISTANCE IN DYING

INTEGRATING A PALLIATIVE APPROACH TO CARE

ABSENCE OF A PALLIATIVE APPROACH TO CARE

PERIODS OF INTENSIFIED SUPPORT

END-OF-LIFE CARE

COMFORT CARE
CONTINUOUS PALLIATIVE SEDATION
MEDICAL ASSISTANCE IN DYING

ABSENCE OF END-OF-LIFE CARE

FINAL MOMENTS WITH THE CARE RECIPIENT

DEATH OF THE CARE RECIPIENT

POST-CAREGIVING PERIOD

POTENTIALLY RECURRING MOMENTS IN THE TRAJECTORY

that stand to enhance caregiver well-being.

- **CAREGIVER RECOGNITION**
- **COMMUNICATION AND PARTNERSHIP WITH CARE TEAMS**
- **CHANGES IN CARE SETTING AND CARE TEAM**
- **CAREGIVER RESOURCES AND SUPPORT**

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LEGEND

- Service interruption possible
- Potential junction