

# TRAJECTORY OF **YOUNG** CAREGIVERS

WHO ARE THEY ?

## CONTEXTUAL FACTORS

Relationship with the care receiver

Family situation

The condition requiring care and level of care provided

Stigma and invisibilization

Organization and access to services

## SOCIODEMOGRAPHIC FACTORS

Age

Gender

Socioeconomic situation

Ethnocultural diversity and 2SLGBTQIA+

ENTRY INTO CAREGIVING

TRANSITION TO ADULTHOOD

RECONFIGURING THE ROLE OF CAREGIVER

END OF CAREGIVING AND POST-CAREGIVING PERIOD

STEPS THAT CAN OCCUR THROUGHOUT THE TRAJECTORY

and can reduce the negative repercussions of caregiving.

RECOGNITION OF YOUNG CAREGIVERS

RESOURCES AND SUPPORT



En partenariat avec :



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